



## COMMENTARY

# The Physiopathological Significance of Ceruloplasmin

## A POSSIBLE THERAPEUTIC APPROACH

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**ABSTRACT.** This article reviews and comments on the physiological roles of ceruloplasmin (Cp). We show that, in addition to its ascertained involvement in iron homeostasis, the protein, by virtue of its unique structure among multicopper oxidases, is likely involved in other processes of both an enzymatic and a nonenzymatic nature. In particular, based on the analysis of the kinetic parameters, on the one hand, and of the side-products of the oxidation, on the other, we propose that the long-recognized ability of Cp to interact with and oxidize non-iron substrates may be of physiological relevance. The striking example of 6-hydroxydopamine oxidation is presented, where we show that the catalytic action is carried out readily under physiological conditions, without release of potentially toxic oxygen intermediates. *BIOCHEM PHARMACOL* 60;12:1735–1741, 2000. © 2000 Elsevier Science Inc.

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The interest in Cp,† a vertebrate plasma protein first isolated over half a century ago [1], has risen sharply in the last decade, due to novel structural and functional findings. Cp belongs to the family of multicopper oxidases, which also comprises plant and fungal laccases, plant ascorbate oxidase, and yeast Fet3 [2, 3]. These enzymes are characterized structurally by the presence of different copper sites, generally classified into three types on the basis of their spectroscopic features [4]: type 1 copper lies in a distorted tetrahedral site, with two histidines and a cysteine as conserved ligands. The redox potential of the site depends on the distance of the fourth axial ligand—usually a methionine [5]—and/or on its solvent accessibility and the orientation of protein dipoles around the copper site [6]. Type 1 copper is also called the “blue” copper, since it confers on the protein the typical blue color, by virtue of a strong ( $\epsilon \approx 5000 \text{ M}^{-1} \text{ cm}^{-1}$ ) electronic absorption at around 600 nm due to charge transfer between the cysteine sulfur and the metal. The paramagnetism of type 1 copper gives rise to an unusual EPR spectrum, characterized by the small value of the copper hyperfine coupling constant in the parallel region ( $A_{\parallel} \leq 95 \times 10^{-4} \text{ cm}^{-1}$ ). Type 2 copper is tetragonally coordinated by four imidazolic nitrogens, has no appreciable absorption in the optical spectrum, and has an EPR lineshape with “normal” magnetic parameters ( $A_{\parallel} \geq 140 \times 10^{-4} \text{ cm}^{-1}$ ). It lies in close proximity to type 3 copper, which is constituted by a pair of antiferromag-

netically coupled copper ions, spectroscopically characterized by an electronic absorption at 330 nm and a complete EPR silence. Type 2 and type 3 copper constitute, in fact, a unique structure, called the trinuclear cluster [7–9]. From a functional point of view, the different copper sites are designed to drive electrons from a reducing substrate to oxygen, the final acceptor, in a controlled way, i.e. without release of potentially toxic intermediates ( $\text{O}_2^-$ ,  $\text{H}_2\text{O}_2$ ). This task is accomplished through acceptance of electrons, one at a time, at the type 1 copper site(s), and subsequent intramolecular electron transfer to the trinuclear cluster, which then provides for reduction of oxygen and release of water. As far as stoichiometry is concerned, it is clear from the picture above that four copper ions—a blue site and a trinuclear cluster—would constitute the minimal functional unit of multicopper oxidases. Indeed, laccases, ascorbate oxidase, and Fet3 all show a four-copper stoichiometry (ascorbate has 8 copper ions, but in a dimeric structure). On the other hand, Cp is unique in that its total copper stoichiometry (5–6 atoms/molecule [10]) requires at least one of the copper types to be overrepresented in the molecule. Measurements of the extinction coefficient at around 600 nm, of the EPR spectrum, and of the redox potentials have led in the past to the conclusion that two nonequivalent type 1 sites are present [11–13], although this would be consistent only with a total stoichiometry of 5 copper ions (two type 1 plus a trinuclear cluster). A few years ago, however, spectroscopic evidence was presented indicating that human Cp contains three blue ions, which are in part reduced in the resting enzyme [14]. Subsequent resolution of the crystallographic structure has confirmed that the human protein contains three type 1 copper sites, symmetrically arranged in three domains arising from a

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† Abbreviations: Cp, ceruloplasmin; and LDL, low-density lipoprotein(s).

triplication of the ancestral gene of mononuclear blue proteins [15]. It remains to be established whether those ceruloplasmins that apparently show a lower total stoichiometry (i.e. chicken and turtle Cp [10]) are so because of the presence of only two type 1 copper sites.

The reason for the blue copper redundancy in Cp is unclear. The hypothesis that one of the blue sites is, at least in the human enzyme, permanently reduced and thus functionally irrelevant [16] lends support to the idea that the multiplicity of type 1 ions reflects an evolutionary vestige, with no important implications in the oxidase mechanism of Cp. Apparently consistent with this view is the recent report that a fraction of the blue ions can be removed reversibly from Cp without completely sacrificing the enzymatic ability of the protein [17]. However, the authors also found that any of the three blue ions can be lost, thus implying that they are all equivalent in terms of their contribution to the catalytic cycle. An alternative explanation was offered, i.e. that Cp is a multifunctional protein, possibly able to carry out, at the same time, the enzymatic role as an oxidase and the copper transport role (see below).

As Frieden has pointed out repeatedly [18–20], multifunctionality is the key concept for the comprehension of the biological function(s) of Cp. In the following, we will review and comment on the roles so far proposed for Cp. After a brief excursus on regulatory functions, we will focus on the enzymatic roles of the protein, and an explanation will be offered to link the structure of Cp to its multifaceted capabilities.

## REGULATORY ROLES

Over 95% of plasma copper is bound to Cp, and this fact generally has been taken as evidence for a role of Cp in copper transport. Experimental evidence supporting this view includes the observation that the copper atoms of Cp are a prerequisite for copper utilization in the biosynthesis of cytochrome *c* oxidase [21, 22], and that Cp can transfer copper to metal-free superoxide dismutase in cultured aortae [23] and in the erythroleukaemic cell line K562 [24, 25]. Harris and his group, in particular, disclosed several features of the mechanism of copper transfer from Cp to cells. Using K562 as a cellular model, they were able to demonstrate that copper, but not the protein moiety of Cp, was taken up by the cell [26], and that ascorbate enhanced copper transport, with possible relevance to vitamin C deficiency [27]. Their mechanism is fully consistent with the widespread notion that specific receptors for Cp are present on the membranes of numerous cell types, including aortic and heart tissues [28], liver endothelium [29, 30], erythrocytes [31], white blood cells [32], Kupffer cells [33], and human placental vesicles [34].

Patients with the inherited disorder known as Wilson's disease have moderate to undetectable levels of circulating Cp [35]. They show copper accumulation in the liver and brain, and reduced activity of cytochrome *c* oxidase [36],

both observations being consistent with a role of Cp in copper transport. Moreover, the pathological symptoms can be relieved by treatment with copper-chelating agents such as penicillamine and trientine [37, 38], which can act as Cp substitutes in copper mobilization.

It should be noted, however, that Cp is not likely to be the sole carrier of copper to tissues [39, 40]. As a matter of fact, aceruloplasminemic patients who completely lack a functional Cp gene (see below) do not have appreciably impaired copper metabolism [41], suggesting that, in the absence of Cp, other systems take over in copper transport to tissues.

The ability of Cp to donate copper to cells should not be viewed only as a transport function, but may be a true regulatory role for the multicopper protein. Recently, it has been shown that ceruloplasmin is able to modulate the function of endothelial nitric oxide synthase, both in cultured aortae [42] and in cultured endothelial cells [43]. The authors demonstrated that the interaction of Cp with a specific receptor prompted the selective donation of copper to the endothelial cell and, in turn, to inhibition by the metal of the enzymatic production of nitric oxide (NO) by endothelial nitric oxide synthase. Since this enzyme is involved in the maintenance of vessel tone [44], the role of Cp would be that of controlling the NO-dependent relaxation of the vasculature.

A different role for Cp as a growth factor has been outlined by Crane's group, who showed that thymidine incorporation is enhanced in fibroblasts exposed to low amounts of exogenous Cp [45]. They suggested that Cp might act as a terminal oxidase for ferrous ion to stimulate transmembrane electron transport, which, in turn, would increase cell growth and thymidine incorporation. Indeed, they were able to show that NADH oxidation by plasma membranes is stimulated by Cp [46], and that Fe(II) chelators abolish the effects of Cp [47]. It should be noted that, although the role of Cp as a growth factor can be considered a regulatory function of the protein, it is mediated by the enzymatic ability of Cp to convert Fe(II) to Fe(III) (see below).

A further activity of Cp worth mentioning is at the border between a regulatory and an enzymatic function. Due to its ability to react with and scavenge oxygen species such as superoxide and hydrogen peroxide, Cp always has been considered as a type of plasma antioxidant [48, 49]. Recently, however, it has been reported that highly purified, undegraded human Cp enhances rather than suppresses copper ion-mediated oxidation of LDL and that the activity depends on the presence of a single, chelatable copper atom [50]. In contrast, proteolytically degraded Cp inhibited cupric ion oxidation of LDL. These results suggested that Cp may be in part responsible for oxidation of LDL in blood or in the arterial wall and thus may have a physiological role that is quite distinct from what is commonly believed. By using site-directed mutagenesis, the prooxidant site was localized precisely [51]. Quite interestingly, the prooxidant action of Cp was shown to be

superoxide-dependent, in that superoxide reduction of Cp copper is a critical reaction in cellular LDL oxidation [52].

## ENZYMATIC ROLES

Divalent iron, Fe(II), is oxidized by Cp efficiently, both in terms of  $K_m$  and  $V_{max}$  [19], and for this reason the ferroxidase activity historically has been considered the principal role of the protein *in vivo* [53–56]. Investigations carried out in the last few years (reviewed in Ref. 57) have lent support to the idea that ferrooxidation by Cp is a physiologically crucial event. Individuals with mutations in the Cp gene leading to the expression of a truncated protein suffer from the rare genetic disorder aceruloplasminemia, characterized by iron deposition in several tissues, including the brain, liver, and pancreas, with pathological consequences ranging from dementia to diabetes mellitus [41, 58, 59]. Nevertheless, in contrast to expectations, Cp recently has been proposed to enhance iron uptake by iron-deficient HepG2 cells [60]. Interestingly, the authors show that Cp must be enzymatically active to perform this task, thus establishing the point that Cp controls iron traffic through its catalytic activity. Although difficult to reconcile with the reported pathological consequences of aceruloplasminemia, this finding would be in line with the role of Fet3, the most recently discovered among multicopper oxidases, which is part of the Fet3-Ftr1 multiprotein complex involved in high-affinity iron uptake by yeasts [61–63], and, in fact, Attieh *et al.* subsequently have proposed that the mechanism of Cp-assisted iron uptake requires a trivalent cation-specific transporter [64], functionally equivalent to yeast Ftr1. Two reports that appeared in 1999, however, have suggested that Cp may control iron efflux, rather than iron uptake. According to Richardson [65], iron uptake by HepG2 cells indeed takes place only when physiologically irrelevant conditions (in terms of iron donor, temperature, and Cp concentration) are used, and that instead, under properly controlled conditions, Cp induces iron release. Gitlin and coworkers [66], on the other hand, have shown that transgenic mice with a mutated Cp gene, taken as a model for aceruloplasminemia, have normal kinetics for iron uptake, yet accumulate the metal in tissue parenchyma. Whatever the case, the reported data constitute convincing evidence that Cp is involved in iron homeostasis, possibly through its ferroxidase activity, which therefore should be considered as one of the main functions of the protein.

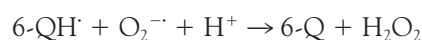
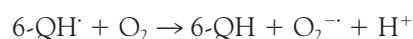
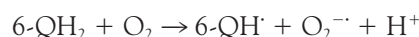
It is worth noting that Cp is mainly a circulating protein, whereas Fet3 is tightly embedded in the yeast membrane. This observation makes it difficult to understand how the two proteins can play similar roles, i.e. regulate the iron traffic across the membrane. However, the recent findings of membrane-associated forms of Cp in mammalian astrocytes [67] and Sertoli cells [68] are consistent with the involvement of the protein in membrane processes, and can explain the observed presence of Cp receptors on a number of cell types.

An important point regarding the ferroxidase activity of Cp is that Fe(II) readily oxidizes, at physiological pH, even in the absence of a protein catalyst. This is why the enzymatic contribution of the blue protein is often assessed at acidic pH values in *in vitro* measurements [69], to disfavor iron autooxidation. However, the spontaneous conversion of Fe(II) to Fe(III) is a potentially dangerous event, in that it triggers the formation of superoxide anion and, in turn, of hydrogen peroxide and hydroxyl radicals through Fenton chemistry. The prooxidant action of Fe(II) is so strong that the aerobic mixture of iron and ascorbate, the latter being able to bring the metal back to the reduced state, is the standard inducer of oxidative stress in *in vitro* experiments [70, 71]. Thus, the ferroxidase action of Cp would be aimed, on one hand, at preventing iron-induced oxidative stress; on the other, since Fe(II) is normally absent as a free ion *in vivo*, as it is shielded from autooxidation by proper chelating systems [72], it can be postulated that Cp may be able to oxidize specifically coordinated derivatives of the metal. Within this schematic picture, the conclusion is that Cp would serve more as a modulator, or controller, of iron oxidation, rather than as an accelerator of the reaction.

The question now is: does Cp exclusively use Fe(II) as an electron source for reducing oxygen to water *in vivo*? At variance with all other multicopper oxidases, for which the canonical substrate is well established [polyphenols for laccases, ascorbate for ascorbic oxidase, Fe(II) for Fet3], Cp has in fact the peculiar ability to utilize, at least *in vitro*, a number of structurally unrelated molecules as electron donors, including, besides Fe(II), aromatic amines and catechols [19], and even nitric oxide [73]. However, although the oxidase activity of plasma is often expressed in terms of Cp-assisted oxidation of aromatic amines [74], oxidation of non-iron substrates has long been considered physiologically irrelevant, mostly because of poor kinetic parameters [19]. One problem is that the pH optimum of Cp is between 6 and 6.5 [75], and for this reason the enzymatic parameters of the protein have always been measured at acidic pH. *In vivo*, however, the pH is usually slightly alkaline, at least in the blood where most Cp can be found, and the assessment of a “true” substrate for Cp should be done at this pH. A few years ago, Musci and colleagues [76] made the novel observation that, in the presence of chloride, the oxidase activity of Cp is enhanced significantly at neutral pH. The study disclosed how misleading the choice of wrong experimental conditions can be, since chloride always had been considered an inhibitor of Cp, and it is indeed so when the activities are run at acidic pH. In a very recent follow-up [77], the phenomenon was better substantiated, with surprising conclusions: (i) the enhancement of the activity at neutral pH can be elicited also by stoichiometric concentrations of another anion, namely azide; (ii) the effect of both chloride and azide is kinetically complex, with both  $k_{cat}$  and  $K_m$  affected by anion binding, and up to 100-fold activation is observed when expressed in terms of the  $k_{cat}/K_m$  ratio; and (iii) the effect of anions is specific for the oxidase activity toward

non-iron substrates, whereas oxidation of Fe(II) is unaffected. This latter point is of utmost importance, in our opinion. As a matter of fact, anions seem to optimize the oxidase activity of Cp versus non-iron electron donors, pushing the protein to utilize them as efficiently as it does with Fe(II). The main criticism of the physiological relevance of non-iron substrates, i.e. their poor kinetic parameters, thus vanishes. Of course, the existence of modulators of Cp activity different from anions should not be ruled out.

In the light of the comments above, our previous observation that Cp can accelerate the oxidation of the catecholamine 6-hydroxydopamine gains relevance [78]. The neurotoxins 2,4,5-trihydroxyphenylalanine (6-hydroxydopa) and 2,4,5-trihydroxyphenethylamine (6-hydroxydopamine) are intermediates in the formation of dopa- and of dopamine-melanins, respectively [79]. 6-Hydroxydopamine undergoes rapid autooxidation, reacting with molecular oxygen to yield a quinoidal product and several forms of reduced oxygen, including  $\text{H}_2\text{O}_2$  and  $\text{O}_2^{\cdot-}$  [80, 81]:



where 6-QH<sub>2</sub> is defined as 6-hydroxydopamine; 6-QH<sup>·</sup> as the semiquinone of 6-hydroxydopamine; and 6-Q as the quinone of 6-hydroxydopamine. The reactions above closely resemble the Fenton chemistry of the reaction of Fe(II) with molecular oxygen. The relevant point is that no hydrogen peroxide is released when the oxidation of 6-hydroxydopamine is catalyzed by Cp [78], a finding consistent with the established oxidase mechanism of the multicopper oxidase. It has been postulated that the redox intermediates in oxygen reduction ( $\text{H}_2\text{O}_2$  and  $\text{O}_2^{\cdot-}$ ) and the products as well in the above reaction sequence of catechol oxidation (6-QH<sup>·</sup> and 6-Q) might be the toxic products responsible for the degeneration of adrenergic nerve terminals [80]. A body of evidence is accumulating on the role of 6-hydroxydopamine in neuronal degeneration, possibly mediated by free radical toxicity [82]. As a matter of fact, 6-hydroxydopamine-induced lesions of the nigrostriatal system are commonly used as a model for Parkinson's disease, a disorder caused by the deterioration of dopaminergic neurons bridging the nigrostriatal system. Thus, the finding of the biochemical controller of 6-hydroxydopamine oxidation seems to be relevant. For the historical reasons reported above, our activity measurements were carried out in a non-physiological pH range (4 to 6.5). In a commentary that appeared in this journal in 1998 [83], our conclusions that Cp may have a biological role in catecholamine oxidation were criticized strongly on the basis that activity measurements had not been carried out at physiological pH

due to the fast autooxidation of 6-hydroxydopamine at neutral pH. We now have performed new experiments, where the oxidation of 6-hydroxydopamine catalyzed by human Cp was measured at pH 7. The choice of the proper buffer allowed us to discriminate easily between the spontaneous and the catalyzed fraction of catechol oxidation. In particular, we found that autooxidation of 6-hydroxydopamine is considerably slower in phosphate buffer than in other buffers such as Tris-HCl. Therefore, the effect of Cp was tested in phosphate buffer. Our results are essentially identical to those previously obtained at lower pH values, in that: (i) Cp strongly accelerates the oxidation of 6-hydroxydopamine; and (ii) Cp strongly depresses the formation of hydrogen peroxide. The statement made by Sanjust and colleagues [83], that tyrosinase, but not Cp, can be considered to be an enzyme involved in catecholamine metabolism therefore should be reconsidered. It is worth recalling that, as exhaustively discussed above, the role of Cp is not only that of accelerating the oxidation of certain compounds, but also, and probably more importantly, that of preventing the formation of toxic oxygen intermediates. In this respect, the case of 6-hydroxydopamine is similar to that of Fe(II), both not needing, in principle, a catalyst to oxidize.

A role of Cp in controlling 6-hydroxydopamine levels could be of extraordinary importance. While Cp has been long recognized as a plasma protein synthesized by hepatocytes [13], evidence has been presented in the last few years indicating that other cellular types also produce it. Of particular interest is the observation that astrocytes, the glial component of the substantia nigra, can express a modified form of Cp, which remains bound on the surface of the cells through a GPI anchor [67]. Since astrocytes are involved in the production of dopamine precursors and metabolites, it would be tempting to speculate that altered levels of Cp might be the cause of neurodegenerative disorders involving catecholamine dysmetabolism. In this respect, we were not surprised to read that Cp levels are low compared with controls in the cerebrospinal fluid [84] and plasma [85] of patients with Parkinson's disease. The classical treatment for Parkinson's disease up to now has been the administration of the dopamine precursor l-dopa [86, 87], which unfortunately shows undesired long-term side-effects [88]. In the effort to obtain better therapeutic results, gene therapy is being developed, where astrocytes, synthesizing neurotrophic factors or enzymes involved in catecholamine production—in particular the rate-limiting enzyme for dopamine production, tyrosine hydroxylase—have been grafted into experimental animals [89–93]. Should astrocytic Cp synthesis be shown to be impaired in neurodegenerative disorders such as Parkinson's disease, it would be interesting to see whether gene therapy is also beneficial in this case.

What is the link between the structure of Cp and its multifunctionality? As anticipated in the introductory paragraphs, the copper content of Cp is unique among multicopper oxidases, in that three nonequivalent type 1 sites are



present. The work recently published on partial removal of copper from Cp [17] has shown clearly that all three sites may be functionally active, although the redox potential of one of the sites has been reported to be, at least in the human protein, extremely high [16]. Thus, a rational explanation could be that the three blue ions are preferentially used as “electron gates” by different classes of substrates, and that modulators of Cp activity exert their action by inducing conformational changes of the protein leading to a “remodulation” of the redox potentials of the blue sites. According to this hypothesis, we should be able to prove, in the future, that partially depleted forms of ceruloplasmin, where one blue site has been emptied preferentially, become more selective in their substrate specificity.

## CONCLUSIONS

The scientific evidence reviewed in this article clearly suggests that Cp can play several roles *in vivo*. The versatility is at two levels:

1. Cp is multifunctional as an enzyme, being able to utilize diverse, structurally unrelated substrates, likely by virtue of its unique structure and copper content;
2. Cp is multifunctional as a protein, likely able to serve as a copper reservoir for both metal transport and cellular signaling purposes.

Whereas the involvement of Cp in iron homeostasis is now well established, it remains necessary to clarify when, where, and why Cp exerts its alternative functions.

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